

## SOCIAL AND DATING GROUPS

The following social and dating groups are provided as possible sources of information and support.

**Ohio Friends** is a social group for people in Ohio living with herpes and or HPV. Join the **Ohio Friends** e-mail list so you can receive the newsletter that will keep you up to date with events and activities that are going on in our community as well as across the country. [www.ohiofriends.org](http://www.ohiofriends.org)

**Positive Singles:** Helping people with STDs find support and dating for over 10 years!  
<http://www.ohiofriendsstddating.org/>

**MPwH:** Meet People with Herpes. The biggest, most trusted, and most active herpes dating and HPV dating site on the internet. 80,000 members. [www.mpwh.net](http://www.mpwh.net)

**HinOhio.** A Yahoo health group for discussion with others like you.  
[www.health.groups.yahoo.com/group/hinohio/](http://www.health.groups.yahoo.com/group/hinohio/)



## Ohio Friends Support

American Social Health Association (ASHA), Herpes Resource Center (HRC) and HPV and Cervical Cancer Prevention Resource Center (HPVRC)

*According to the American Social Health Association:*

*'More than five million people are infected with HPV each year.'*

*'One in four men and one in five women in the USA has genital herpes.'*

*'About 50 to 80 percent of American adults have oral herpes, which is commonly called cold sores or fever blisters.'*

*'Oral and genital herpes can be uncomfortable, but they are generally not dangerous infections in healthy adults.'*

**ASHA's STI RESOURCE CENTER  
HOTLINE: 919-361-8488**

**American Social Health Association  
919-361-8400**



OHIO FRIENDS SUPPORT

First Tuesday of each month.  
7PM-9PM

At the Columbus Metropolitan Library Hilliard Branch  
4772 Cemetery Road  
Hilliard, Ohio 43026

## HERPES AND HPV SUPPORT GROUP



A statewide social support group for those with Herpes and/or HPV.

## E-MAIL:

[info@ohiofriends.org](mailto:info@ohiofriends.org)

**PHONE: (614) 526-4461**

**Call or text us and let us know you're coming to the meeting.**

Permission to copy, print and distribute this brochure is allowable by Ohio Friends.

## WELCOME TO OHIO FRIENDS SUPPORT. WE'RE GLAD YOU FOUND US!

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Ohio Friends has been around since 1999. We are now introducing *Ohio Friends Support*, a support group for those with herpes and/or HPV.

**Ohio Friends Support** meets the **first Tuesday** of every month from 7PM-9PM, **Columbus Metropolitan Library Hilliard Branch**  
14 West Lakeview Ave.  
Columbus, Ohio 43202

Phone: 614-526-4461

**Call or text us if you will arrive after 8PM. We are happy to wait for you. If no one has arrived by 8PM the room will close.**

When needed during meetings, we receive medical advice from our medical advisor a nurse that works at the STD Clinic.

**Ohio Friends** is here to give those the emotional support and education many seek after being diagnosed with one or both of these viruses.

After finding out you have herpes, or HPV, there are a lot of questions; everything from toilet seats to having babies. At our monthly meetings, we openly discuss living and socializing again

with an STD. We are able to answer your questions and listen to your concerns.

According to ASHA, 'STD's affect people of all ages, backgrounds, and from all walks of life-in the U.S. Alone there are approximately 19 million new cases each year, about half of which occur among youth ages 15-24 years. Getting the facts about STD's and your sexual health is increasingly important.' They invite you to explore their website, [ashastd.org](http://ashastd.org), and learn more about specific STD's, tips for reducing risk, and ways to talk with your health care provider as well as your partner..

### ABOUT THE MEETINGS

There is a lot of information about herpes and HPV that can be both confusing and scary. You will be given the opportunity to ask questions and share personal experiences if you wish. There is no forced participation. Listening to someone that has lived with the virus for years can give you a better understanding of what you might expect. By attending a meeting you will be able to see and talk to others that understand and who have been where you are now. It's just about guaranteed that your self esteem and self confidence will be higher after meeting others with these viruses.

### CONFIDENTIALITY

**Ohio Friends Support** provides an atmosphere of trust, understanding and support in a confidential setting. What we share is confidential, and each of us

has the right to remain anonymous if he or she chooses. Should we see a member of the support group outside of the meeting, we should respect that person's right to remain anonymous. Each of us has the option of joining in the discussion or just listening.

### DONATIONS

**MEETINGS ARE FREE** to attend. Any donations received will go towards advertisement and printing costs.

### DIRECTIONS/PARKING

From I- 270, take the Cemetery road exit 13B, the library will be on your right.. Once you enter the library's first set of doors are meeting room is to the left.

**Parking:** Park and enter the library from the parking lot..

### ASHA

American Social Health Association  
[www.ashastd.org](http://www.ashastd.org)

### SUGGESTED READING

*The Good News About The Bad News*  
By Terri Warren

*Managing Living & Loving Herpes & HPV*  
By Charles Ebel and Anna Wald

*Understanding Herpes*, *HVP In Perspective*,  
*HPV News* and *The Helper* can all be purchased through the ASHA website:  
[www.ashastd.org](http://www.ashastd.org)